

# Weekly Schedule Spring 2024



| Time / period | Sunday          | Monday           | Tuesday             | Wednesday            | Thursday           | Friday                 | Saturday          |
|---------------|-----------------|------------------|---------------------|----------------------|--------------------|------------------------|-------------------|
| 7-8a          |                 | XLR Wake Up      | XLR Wake Up         | XLR Wake Up          | XLR Wake Up        | XLR Wake Up            | XLR Wake Up       |
| 8-9a          | Acoustic Cafe'  | XLR Wake Up      | Hour of Dub         | XLR Wake Up          | Mornings with Ally | POWER HOUR             | XLR Wake Up       |
| 9-10a         | Acoustic Cafe'  | XLR Wake Up      | Hour of Dub         | XLR Wake Up          | XLR Wake Up        | POWER HOUR             | XLR Countdown     |
| 10-11a        | Hour of Dub     | XLR Wake Up      | Chill Downtempo     | Chill Downtempo      | XLR Wake Up        | POWER HOUR             | XLR Countdown     |
| 11-12p        | Chill Downtempo | Lunch Jams       | Lunch Jams          | Lunch Jams           | Lunch Jams         | Lunch Jams             | XLR Countdown     |
| 12-1p         | Chill Downtempo | Lunch Jams       | Lunch Jams          | Lunch Jams           | Lunch Jams         | Lunch Jams             | XLR Roots Country |
| 1-2p          | World Music     | Lunch Jams       | Lunch Jams          | Lunch Jams           | Lunch Jams         | Lunch Jams             |                   |
| 2-3p          | World Music     |                  | Big Fish Small Pond |                      | SWING KIDS         |                        |                   |
| 3-4p          | Jazz            |                  |                     |                      |                    |                        |                   |
| 4-5p          | Jazz            | XLR Hip Hop Hour | In Your Head        | Girrrls To the Front |                    | XLR Hip Hop Hour       |                   |
| 5-6p          | Indie Rock      | Dinner Party     | Dinner Party        | Dinner Party         | Early Evening Emo  |                        |                   |
| 6-7p          | Indie Rock      | Dinner Party     | Dinner Party        | Indie Ground         | Indie Rock         |                        |                   |
| 7-8p          | Indie Rock      | Album Digest     | XLR Dream Pop       |                      | Indie Rock         |                        | XLR House Party   |
| 8-9p          | Chill Downtempo | LU and Beyond    | XLR Dream Pop       | Punk Rock Party      | 29649 LIVE         |                        | XLR House Party   |
| 9-10p         | Chill Downtempo |                  | XLR Celtic Music    | Punk Rock Party      |                    | Electronic Dance Party | XLR House Party   |
| 10-11p        | Ambient         |                  |                     | Punk Rock Party      |                    | Electronic Dance Party | XLR After Dark    |
| 11-12p        | Ambient         |                  |                     |                      |                    | Electronic Dance Party | XLR After Dark    |

