

Weekly Schedule Spring 2023



Time / period	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-8a							
8-9a		XLR Top Picks	XLR Top Picks	Chill & Downtempo	Mornings with Ally	Chill & Downtempo	
9-10a	Jazz	XLR Top Picks	XLR Top Picks	Chill & Downtempo		Chill & Downtempo	
10-11a	Jazz			Chill & Downtempo	INDIE Brunch Break		XLR Top Picks
11-12p	Jazz	Brunch Special	Sub-Pop			Pop Culture Punk	XLR Top Picks
12-1p	Folk/ Acoustic	XLR Hip Hop Hour	Sub-Pop	Classic Alternative	XLR 120 Minutes	XLR Alt Nation	
1-2p	Folk/ Acoustic	Chill & Downtempo	Chill & Downtempo	Classic Alternative	XLR 120 Minutes	XLR Alt Nation	
2-3p	Folk/ Acoustic	Chill & Downtempo	Chill & Downtempo	Classic Alternative		XLR Alt Nation	
3-4p	World Music		NEW YORK Indie Rock Hour	K-POP Planet	XLR Hip Hop Hour		
4-5p	World Music		Afternoon Rush with Zachary	SWING KIDS Hour			
5-6p	Chill & Downtempo	80's Pop/New Wave	Afternoon Rush with Zachary		Early Evening Emo	B.A.L.L.S	
6-7p	Chill & Downtempo	80's Pop/New Wave		Off the Bench		B.A.L.L.S	XLR House Party
7-8p	Ambient			Off the Bench	Sick No Covid		XLR House Party
8-9p	Ambient	LU and Beyond	Warped Punk Rock Party	XLR Top Picks			XLR House Party
9-10p	Ambient	Acoustic Cafe'	Warped Punk Rock Party	XLR Top Picks		Electronic Dance Party	XLR After Dark
10-11p		Acoustic Cafe'	Warped Punk Rock Party	Chill & Downtempo		Electronic Dance Party	XLR After Dark
11-12p				Chill & Downtempo		Electronic Dance Party	XLR After Dark